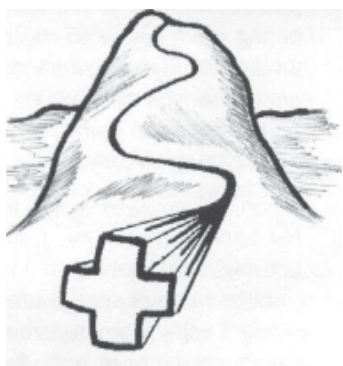


Powder Lines

Newsletter of the North Central Region



National Ski Patrol



The North Central Region Central Division

Trained through the NSP and
serving the Skiing and
Boarding Public via our Local
Hills, Trails and Resorts

A Summer of Many Thanks and Many Opportunities Region Director's Report

Happy summer. It was a slow start to the warm weather, but we had a wonderful, early and snowy winter, so no complaints. I have to start off by thanking all of the patrollers, patrol reps, section chiefs and region staff for your hard work, dedication and support throughout the year. Without you we would not be the outstanding Region that we are.

and Carolyn DeJongh for handling the awards. This was a transition year and Marcia is our new awards administrator.

Welcome to Martin Olson, the new Section Chief for Section 3, taking over from Don Poe.

Do not forget the Central Division meeting September 6-7 in Milwaukee, Wisconsin. Check inside and on the Central Division web site, www.nspcentral.org, for more details. The meeting is open to any Central Division patroller and it is a great chance to meet patrollers from other regions. There will also be great educational

opportunities at the meeting. Many of the education events are eligible as Senior electives.

We have many opportunities for training and continuing education again this year. Check out the complete calendar of events on page 12 of Powder Lines.

Once again, thanks go out to the Brule Ski Patrol for hosting the fall region board meeting and the region ski and toboggan clinic, to the Marquette patrol for hosting the senior evaluation and to Granite Peak for hosting the Central Division Ski and Toboggan Clinic.

This past season was a great one, with lots of natural snow (and some pretty cold nights, too). Let's all enjoy the summer and before you know it, we'll see each other on the slopes again.



David Dahl
Region Director

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The Spring Banquet was held in April at the Waters. A big thank you to everyone for their understanding with the switch in room locations. I guess it is not every day that Johnny Depp films in Minocqua, so it should be a one-time disruption. Thanks to Jim Meunier and his helpers from Section 1 for planning a great banquet, as well as thanks to the instructors and leaders of the seminars. A big thank you, as well, to Marcia Locher

Tim's Traverse By Tim Zimmerman, editor

Some times while working the night shift on one of those cold January nights as we wait for the call to load the lift to clear the line for the day, we muse about how awful it would be to miss the the ramp, circle the bull wheel and ride the chair back down.

Like I said, it is only some times. And, probably only when I am in line waiting to close the lift.

That such a topic is even discussed is entirely due to my acquired distaste for roundabouts. Those circular intersections that come closer to approaching infinity than any of the equations I wrote many years ago in advanced calculus. No doubt I have subconscious fear of riding the lift around the bull wheel, self evacuating in the dark and sinking into the dark envelope of patrol infinity.

That may be a stretch, but this is summer after all and patrol columns do not flow as easily off the keyboard at this time of year.

Then again, a closer look at the roundabout suggests that there may be plenty to fear.

While the first roundabout was installed in Paris way back in 1901, it seems some British chap by the name of F r a n k Blackmore brought the roundabout into its own in the 1960's when they proliferated the biways and back roads of the United Kingdom.

With all due r e s p e c t to Mr. Blackmore, the fact that this marvel of modern engineering was brought into the modern era by the only culture that drives on the wrong side of the road indicates something to those of us prone to musing about missing the unload ramp at the top of the lift.

I have some limited, first hand experience of the UK version of roundabouts. This comes courtesy of a business partner who decided to fly back to the midlands of England leaving me with his new auto

in Inverness Scotland. Inverness, as in fishing town nearer to the end of the earth than even the remotest part of the UP. From there I am instructed to drive back to Hereford England in spite of the fact that I have absolutely no experience driv-

ing on the left side of the road.

"Just think 'long rights' every time you turn."

His advice works well enough until it comes time to leave the Motor Way and find a place to spend the night in southern Scotland.

The roadways in Scotland are quite narrow, but nonetheless filled with roundabouts at nearly every intersection.

After a series of short left turns into two or three roundabouts with no traffic (short left is the same as long right, correct?) I come to a roundabout on a busy road way. I quickly and fortunately come to the realization that in the UK the traffic flow moves in a counter-clockwise manner in a roundabout, unlike the clockwise

manner via which I maneuvered the first several.

In that instant of Motor Way epiphany, I somehow manage to be pulled toward the center of the roundabout. I remain there, rotating around as if on a lift chair that becomes lodged in the gear teeth of a bull wheel.

Once I gain my bearings I work toward the outside lanes and exit on the next road. Unfortunately I forget about the long right and pull off in the wrong lane. I realize this when I meet almost face to face with a tractor. Somehow I manage to pull into the correct lane just in time to read the lettering on the tractor tires as it narrowly misses the car.

Up ahead is another roundabout, but I spy a bed and breakfast sign on a farm driveway just short of the roundabout so I pull in a rent a room. A pint or two of cider later with the locals and I retire for the night ready to take on the roundabouts the next day.

I make it back the next day, much later than I imagine courtesy of heavy traffic and roundabouts. I vow, however, to avoid driving in the UK at all costs and return home confident to avoid roundabouts in the future.

Confident until I pick up a local newspaper that contains a front page story announcing the state D.O.T. will install three roundabouts on the highway that dissects our small town. Life-long northern Wisconsin residents in roundabouts. I think I'll take my chances with the bull wheel.



Powder Lines

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Regional Director
Powder Line Editor
Graphic Artist/Cartoonist

David Dahl
Tim Zimmerman
Gary Kasten

Correspondence should be directed to:
Tim Zimmerman
Editor Powder Lines
N3275 Stillwater Drive
Medford, WI 54451
715-748-6552



Section One Report by Jim Meunier

Summer has finally arrived after a very cool spring. Hopefully, we can all enjoy our summer activities for a few months before the next refresher cycle! The ski season started and ended on schedule for most of the ski areas in section 1 this year. Although the total amount of snow was down a little, we had excellent conditions all season.

In April, Section 1 hosted the NCR Spring Awards Banquet in Minocqua, WI. The banquet was well attended by patrollers from Section One, and the entire Region. About 150 people participated in the weekend events, with 135 attending the banquet. Granite Peak took home the trophy for

the best percentage attendance. It was great to see so many people receive well deserved recognition. I know there are many others, but someone needs to nominate them! We can all do a better job of making sure our fellow patrollers get the recognition they deserve.

Although, everything turned out fine in the end, our banquet plans were challenged when the Water's of Minocqua bumped us from our rooms, and relocated us at their expense in the Concord Best Western. Just goes to show you the Ski Patrol doesn't have the clout and money to compete with Hollywood!

Most importantly, I would like to thank all the people that helped out with the planning and preparations for the banquet. We had patrollers from four of our section 1 patrols help out with registration, hospitality room, door prizes, fund raising, etc. We also had some much appreciated help from patrollers outside the section with door prizes and fund raising. Also, thank you, to all the instructors. The courses were very well attended, and actually exceeded our expectations. I can't list everyone that helped, but must thank Joan Beil for her assistance, I really appreciated and needed her help with so many details!



Jim Meunier
Section One Chief

Section Two Report by Erick Jensen

We are all well into summer mode by now, the skis are put away until next fall (they are, aren't they?) and the summer toys are out. But how much has the ski patrol mindset been established in our minds? I have been able to chaperone a number of field

trips that my daughters have gone on this year. I always take the sweep position, being the last person and making sure we don't lose anyone. I also am constantly watching crowds and occasionally spotting safety hazards. Several places have made some

changes, mostly very small, inexpensive ones, after I have talked to their management. I don't mean this to sound like bragging, but that we don't necessarily shut off the patrol



Erick Jensen
Section Two Chief

Please see Sect. Two Pg. 4

Section Three Report by Martin Olson

Hello fellow ski patrollers.

I am Martin Olson your newly elected Section Chief for Section #3. To some of you a familiar face. I began ski patrol at Navarino Hills in the early 1970's. Several of you have come thru my OEC classes or classes that I have assisted with over the last eight years. I have assisted at Senior test, chair evacuation clinics, have been to several Fall refreshers at Norway, and have attended many spring banquets. My patrolling activity has been with

Navarino Slopes, Calumet Co. Park, Nordic Mt., Ski Brule and now as a member of the Pine Mountain Ski Patrol.

It was good to finally have a year with lots of natural snow. Unfortunately the season has to come to a close. The skis, boots and the snow blower are long packed away. Now we are in the middle of lawn mowing, weed pulling, and remodeling projects.

Many of your fellow patrollers were recognized for their out-

standing service and commitment to their patrols and the NSP at the Spring Banquet in Minocqua in April. This was another good year of attendance for the banquet. It is nice to see old friends and new faces at this celebration. The banquet provides an excellent opportunity to enroll in some of educational classes every year. This was a good year to sneak in some late season ice fishing before the

Please see Sect. Three Pg. 4

Section Four Report by Keith Robinson

Section IV had a great representation at the Spring Banquet and congratulations to many that received awards. There were many fun and educational courses that many completed. It turned out to be an interesting event with the

filming of Public Enemies starring Johnny Depp in the Minocqua area, which made the event very challenging for the organizers. They did a great job of pulling off a great Banquet with all they had to work out.

Section Two Report from page 3

attitude when we are not patrolling. My wife thought this was a bit strange at first, but she has gotten used to it and even appreciates it now. This attitude is also used quite a bit in my professional life as a teacher and as a floor manager at our local performing arts center. I am often watching students or theater patrons to assure that they are not doing something they shouldn't and looking out for hazards. This is a good attitude to have, just be sure to take a step back and decom-

press occasionally so we don't burn out. I need this reminder from time to time, also.

Our snow season was blessed with abundant amounts of the white stuff, many non-skiers I know were grumbling about it and I irritated a few of them with my joy of getting so much snow, even when I was shoveling. I know where I live in Appleton did not get nearly as much as many of you did, but I still enjoyed getting a thick blanket of snow. All the hills in our region had suc-

cessful years and events. We are looking forward to another great year.

The spring region meeting was an interesting one this year. We overcame some unusual circumstances and, I think, came out better for it. My family and I met people we would not have otherwise, and we showed, along with others, flexibility and a sense of humor and patience in dealing with an odd situation. Again, this is part of what I said earlier about the patrol mindset,

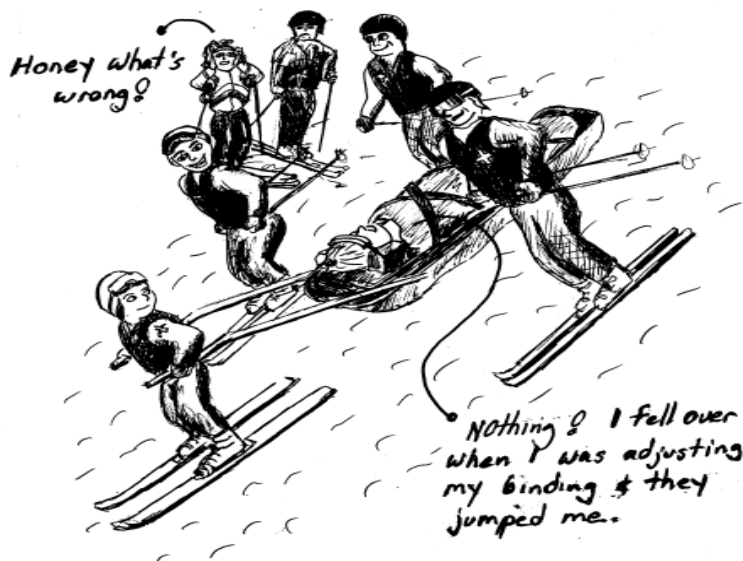
Date: October 4, 2008

Location: UWSP, Tainer Natural Resources Building, Stevens Point, WI

More Information: Keith Robinson (see Section 4 information on pg.11)

Special Thanks: Standing Rocks Ski Patrols

Kasten's Korner



copyright 2008
Gary Kasten

assess the situation, do what needs to be done, keep a positive attitude. To Jim and others in charge of the meeting, I say well done.

Look at the calendar elsewhere in this issue and start planning to attend your refresher now. The dates are out there, time to block off those dates so other events do not become scheduled over them. Also, it's time to think about taking that clinic you've been putting off, or getting involved in the Senior or Certified programs. See what is needed at your home patrol, step up and stay involved, I have and it definitely helps sharpen my skills. Who among us couldn't benefit from an extra look at our skills?

Enjoy the rest of the summer and I will hopefully see many of you next fall and winter.

Section Three Report

from page 3

banquet. Yes, they were still ice fishing on the lakes in Minocqua.

Thank you to Don Poe for his three years of service as the Section Chief. I look forward to seeing you at the Fall OEC refresher and getting some skiing time in with you next season. Have a fantastic summer.

Are You Ready? OEC Lessons Learned in Pulseless Non-Breather Situation

By: Darin Westover, Granite Peak Patrol Representative

It was a gorgeous winter evening with a few inches of new snow blanketing the slopes. You started your evening shift with the usual small talk while getting dressed for a night on the slopes. You were contemplating on how you were going to take advantage of the new snow to find the perfect run down untracked snow.

But priorities first, the evening meeting (dinner that is) is about to begin and you don't want to be late. Almost the entire crew had assembled in the upper patrol room and the room was filled delightful aromas of what promised to be a tantalizing meal.

The radio announces, "This is the Comet lift operator and we have a report of an injured skier on Birch." Everyone immediately reaches for their jacket and butt pack and scrambles to be the first out the door. (If you believe that, I have a great deal on ocean front property in Arizona). Back to reality- the slope

leader responds and radios to see if by chance any patrolers might be in the area. (remember I said it was meeting time). No response and you "volunteer" to go check it out. The slope leader offers encouragement, "Call if you need help". You skate over to the slope and start down.

As you reach the first jump you see a motionless guest whose skis and poles are scattered over the slope and another guest waving frantically to get your attention. As you arrive and pop out of your bindings, you see a 50 something male face down and lifeless. The slope is so steep

that it is a struggle keep from sliding. You dig your toes into the hard packed snow and approach the down skier. The idiot (I mean guest) standing next to down skier asks, "Is he okay?"

Ignoring this, you check the injured skier for any signs of responsiveness. Finding none and as care-

fully as possible while cradling the head for C-spine control, you and roll the guest to his back. You struggle to keep from sliding and with some luck you re-anchor your boots. The guest is on his back.

(Now what's next? – your mind is racing for the proper action.) You check for signs of breathing and detect none

(Damn – this is not good – now what did that CPR instructor say? – do I check for a pulse or give rescue breaths? Oh yeah, it's open the airway and give 2 breaths) You carefully give 2 breaths mouth-to-mouth (your pocket mask still in your butt pack) and check for a pulse and find none.

You immediately radio for extra help, oxygen, AED, a transport toboggan, and call EMS to tell them we have person down with CPR in progress.

You start chest compressions (how many is that? 5, 15 or 30 – you remember it's now 30). As additional patrolers arrive, one person gets the BVM and oral airway, another opens the AED and applies the pads, others are securing the area, and the transport toboggan is finally at the scene. The decision is made to put the patient on a backboard.

Please see Are You Ready Pg. 10

LESSONS LEARNED

1. Time is Critical
2. Cardiac Trumps Trauma
3. Head Uphill
4. Patient to Rear of Sled
5. Carry a Pocket Mask
6. Listen to the AED
7. Takes Many Hands

Make Up Refresher Scheduled for November 2 at Minocqua Winter Park

Again this year there will be a make-up OEC Refresher at Minocqua Winter Park on Sunday, November 2. New this year will be a \$25 fee for the refresher. Don't wait until the last minute. Be sure to contact Betty Adams (see PR of MWP) if you plan to attend. We need to know how many to prepare for. The refresher will be held and you are welcome. The most frequently

asked question is: How do I get to MWP? You should follow these directions for excellent cross country skiing and the OEC refresher. Drive west on Highway 70 from the intersection with Highway 51 in Minocqua. About 6.8 miles west turn left on Squirrel Lake Road. There is a brown Minocqua Winter Park sign on Highway 70

marking the road. About 4.7 miles on Squirrel Lake Road then turn left on Scotchmans Lake Road (it is gravel).

There is a large MWP sign on the corner. Go 0.3 of a mile then turn right – again there is a sign. Go 0.2 of a mile then turn left through a gate and continue to the parking lot.

The refresher will start at 9 A.M. and continue until around 4 P.M. The kitchen will be open with a limited selection for lunch or you can bring your own lunch and beverage.

If you have questions on November 2, call Minocqua Winter Park at 715-356-3309; otherwise, call Betty Adams at 715-588-7731.

Special 2007-2008 Awards Section

Five Year Service Award

Paul Arbuckle, Indianhead; Daniel Beil, Blackjack; Allison Blackmer, Norway Mountain; James Blackmer, Norway Mountain; Richard Boggs, Indianhead; Allen Brehmer, Indianhead; Patrick Cork, Ski Brule; Keith Cormican, Bruce Mound; Scott Danen, Big Powderhorn; Pete Davis, Granite Peak; Timothy Dean, Blackjack; Donald DeByle Jr., Granite Peak; Daniel Domenosky, Bruce Mound; Gary Finch, Bruce Mound; Mark Gilliland, Granite Peak; Robert Govett, Standing Rocks; Greg Grzesik, Blackjack; Jodi Hanson, Ski Brule; Kerry Hanson, Ski Brule; Martha Henry, Granite Peak; Chuck Jones, Granite Peak; Kirsten Kerwin, Marquette; Nathan Maki, Porcupine Mt.; Mark Martilla, Mount Bohemia; Samuel Martinez, Norway Mountain; Mark McKinley, Granite Peak; Steve Merkey, Granite Peak; Calvin Milbach, Standing Rocks; Morgan Morris, Marquette; Danielle Nesbitt, Indianhead; Mark Nesbitt, Indianhead; Mike Olsen, Navarino Hills; Joseph Peacock, Blackjack; Amy Schmitz, Indianhead; Mary Schott, Bruce Mound; Aaron Sikowski, Big Powderhorn; Jeff Stogbauer, Granite Peak; Todd Terzinski, Camp 10; Dale Thomas, Marquette; Donald Ticknor, Bruce Mound; John Uhlarick, Ski Brule; Michael Wilmet, Norway Mountain; Tim Zimmerman, Granite Peak

10 Year Service Award

Dean Borlace, Marquette; Stanley Filipak, Norway Mountain; Francis Fournier, Ski Brule; Michael Gotstein, Norway Mountain; Ralph Hicks, Norway Mountain; Gary Horwood, Marquette; Todd King, Marquette; Elizabeth Kornely, Norway Mountain; Keith Robinson, Granite Peak; Les Robinson, Granite Peak; Claudine Taub, Norway Mountain; Allyn Thornberry, Norway Mountain; Willy Tollefsen, Indianhead; Mike Weier, Norway Mountain; Robert Wurzer, Norway Mountain

15 Year Service Award

Steve Atkinson, Ski Brule; Lolita Barry, Marquette; John Freese, Blackjack;

Clifford Grand, Mt. Ashwabay; Sean Heckman, Mt. Ashwabay; Sarah Hull, Granite Peak; Don Hurrell, Marquette; Bruce Iattoni, Granite Peak; Dave Koppa, Mt. Ashwabay; Jody Lindberg, Marquette; Karin Grand Pierce, Mt. Ashwabay; Stephen Pierce, Mt. Ashwabay; Karin Sandell, Copper Country Nordic; Erin May Schroeder, Granite Peak; Michael Tennity, Granite Peak; Paul Tufts, Mont Ripley

20 Year Service Award

Steven Blackhall, Norway Mountain; Carolyn DeJongh, Ski Brule; Joseph Hamel, Marquette; Ron Lawrence, Norway Mountain; Kathleen Radtke, Mt. Ashwabay; Michael Radtke, Mt. Ashwabay

25 Year Service Award

Tom Anderson, Marquette; Vic Calor, Indianhead; Tom Hynes, Granite Peak; Duane Popp, Norway Mountain; Fran Skuja, Ski Brule

30 Year Service Award

Joan Biel, Blackjack; Christine Danielson, Big Powderhorn; Barbara Foley, Mont Ripley; Tom Hollander, Granite Peak; Jerry Lew, Indianhead; Renee Neils, Norway Mountain; Trudy Olsson, Mont Ripley; John Slipek, Indianhead; Mark Strupeck, Indianhead; John Welter, Indianhead

35 Year Service Award

Marilyn Anderson, Indianhead; Betty Claussen, Indianhead; James DeWeerd, Granite Peak; William McDonald, Marquette; Tony Mullozzi, Blackjack; Robert Perk, Indianhead; Joe Rohling, Granite Peak

40 Year Service Award

Doug Anderson, Indianhead; Fritz Neukam, Indianhead; Pat Quinn, Big Powderhorn; Scott Rifleman, Blackjack

Bravos

Phil Cook, Pine Mountain; Ted Belej, Mont Ripley; Allyn Thornberry, Norway Mt.; Rusty Bluse, Indianhead; Nichole Bell, Marquette; Bob Salonen, Ski Brule;

Ryan Olson, Blackjack; Chuck Jonas, Granite Peak; Steve Merkey, Nine Mile Forest; Kathy Babcock, Camp 10; Donald Poe, Gladstone Sports Park; Robert Anderson, Minocqua Winter Park

Senior

Nichole Bell, Marquette; Matt McKellar, Marquette; Dale Thomas, Marquette

Senior Traveling Trophy

Marquette Mountain

Outstandings

Outstanding Large Alpine Patrol, Granite Peak; Outstanding Patrol Representative, Conrad Favor; Outstanding Nordic Patrol Representative, Steve Konkol; Outstanding Paid Patroller, Tari Blank; Outstanding Patroller, Mike Lynch; Outstanding Auxiliary, Lolita Barry; Outstanding Young Patroller, Ryan Olson; Outstanding Instructor, John Keating; Outstanding OEC Instructor, Gregg Kerwin; Outstanding Administrative Patroller, Carolyn DeJongh

Merit Stars

David Conger, YMS
James Hughes, PMS
Allyson Diola, BMS
Alex Belding, BMS
Melanie Johnson, BMS

Patroller's Cross

Carrie Butt

Distinguished Service Award

James DeWeerd
Tom Gilbreath

Leadership Commendation Award

Julie Knapp

National Appointments

Gary Horwood
Jim Jehn
Mike Lynch

Special 2007-2008 Awards Section



Five Year Service Award



Ten Year Service Award



Fifteen Year Service Award



Twenty-five Year Service Award



Thirty Year Service Award



Senior Traveling Trophy Marquette Mnt



Outstanding OEC Instructor
Greg Kerwin



Outstanding Young Patroller



Outstanding Auxiliary
Lolita Barry

Special 2007-2008 Awards Section



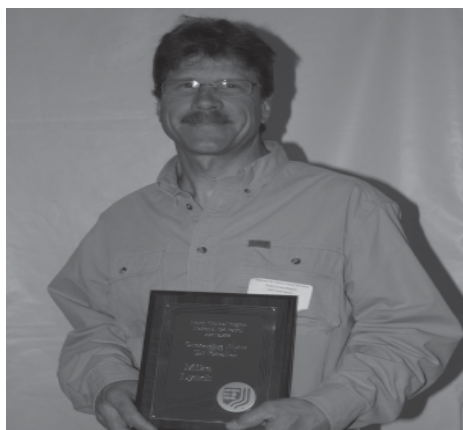
Outstanding Administrative Patroller
Carolyn DeJongh



Outstanding Instructor
John Keating



Outstanding Pro Patroller
Tari Blank



Outstanding Alpine Patroller
Mike Lynch



Patroller's Cross
Carrie Butt



National Appointment
Gary Horwood



National Appointment
Mike Lynch



National Appointment
Jim Jeng



Distinguished Service Award
James DeWeerd

Special 2007-2008 Awards Section



Distinguished Service Award
Tom Gilbreath



Leadership Commendation Award
Julie Knapp



2008 NC Region National Appointees
w/DD Jim Woodrum, RD David Dahl and
ADD Brian Cobble



Outstanding Large Patrol
Granite Peak



LCA Awardee Julie Knapp w/DD Jim
Woodrum, RD David Dahl and ADD
Brian Cobble



2008 NC Region DSA Awardees with
DD Jim Woodrum, RD David Dahl and
ADD Brian Cobble



Outstanding OEC Instructor Greg
Kerwin w/DD Jim Woodrum, RD David
Dahl and ADD Brian Cobble



Blue Merit Star
Allyson Diola



Central Division Fall Meeting 2008

September 5 - 7 Milwaukee, WI



Meeting Headquarters: Hilton Milwaukee City Center

Reserve your room: 414-271-7250

or via the web at www.hiltonmilwaukee.com

Use hotel code NSPA when booking your room.

Meeting Registration Form and Additional Information Available On

Central Division Web Site www.nspcentral.org

South Central Web Site www.nsp-southcentral.org

Or contact Mike Bernico at (262)521-6002

Schedule of Events

Friday 9/5

Motorcycle Tour of Eastern Wisconsin and the Lake Michigan area

Friday Night 9/5

Dinner and a Ball Game. Dinner at Miller Park and watch the Brewers vs. the Padres.

Saturday 9/6 Events

Central Division Meeting

Central Division Board Meeting

CPR Recertification

Instructor Development

Instructor Continuing Education

Toboggan Enhancement

Mountain Travel and Rescue 1

Low Angel Rescue.

OEC Instructor Trainer (IT) Meeting

Guest Speakers

Saturday Night 9/6

Awards Banquet. Dinner at the Hilton.

Sunday 9/7 Events

Patrol Representatives Breakfast.

Central Division Board Meeting

WINDHORSE CYCLE TOURS
RIDE WITH THE EXPERTS
Reservations
414-438-7433
THE BEST TOURS
RENT A HARLEY

Central Division Meeting 2008
Milwaukee WI, South Central Region



New Awards Administrator Completes First Year and Looks Forward to Future

By: Marcia Locher, Region Awards Administrator

I have made it through my first year as North Central Region Awards Administrator. I would like to thank Carolyn for all the guidance that she has given me. I plan to develop an annual planner that will be used as a guide for future Awards Advisors and for me to use. Carolyn has done this job for so long that I need a system

to manage all the information that she has given me.

I plan to attend the Central Division meeting in Milwaukee. I hope to receive more training at that meeting. Carolyn and myself are planning an awards workshop for the Fall Leadership meeting. It would be wonderful if Patrols/Sections could develop a person at the local level to provide assistance to those who are filling out the award

applications. I am able to review applications via email prior to their submission. I feel that it would be useful to have someone at the patrol/section level that could provide assistance in the development of successful award applications. This person could also manage data that is essential for successful awards applications.

I have enjoyed my first year and appreciated all the kind

comments that I received at the banquet.

February 15, 2009

Nomination
Deadline for
Outstandings,
Appointments
and
Stars

Camp 10 Uses Annual 'Best Training Event Ever' to Improve Toboggan Skills

By: Gren Rudd, Camp 10 Patrol Representative

Many well established large patrols have the luxury of having their own toboggan instructors. That hasn't been the case at Camp 10. Our patrol started out with zero patrollers only a few years ago. While we've grown pretty rapidly getting our OEC group to the toboggan phase hasn't been easy. We've received some great help from a few visiting toboggan instructors helped us get a start. But it was still difficult to get a concentrated full-blown exposure. Then last January several of us had a chance to make it to the North Central Toboggan Clinic. One of our members went for some training at the instructor level, two of us had some prior training but needed a full exposure and two of our OEC candidates went for their first exposure to toboggans.

We arrived at the NC host site (Brule, and they were great hosts) around 8:30 Saturday morning and were split off into our skill level training groups.

Our group contained all of our team except for our instructor candidate...he disappeared with a group of next level types. We were intermingled with patrollers from four or five other patrols giving us a total class size of about twelve. Our class had three instructors plus a couple of floating instructors also pitched in at different times through the day. Plenty of help was available for individual coaching and teaching in addition to group instruction. As near as I could tell there were four or five other instruction groups underway at the same time. We concentrated on ski-ability in the morning and everyone had something (or several things) that they were able to improve. Lunch rescued our tired legs as we all regrouped in the lodge for a great feed and some typical patrol good time...without the bubbly stuff of course.

Then it was back on the hill with the afternoon dedicated to actual toboggan handling. Our group was working on one of Brule's Black Diamond

runs, which was a good confidence builder. We covered all of the good stuff and were thinking we'd get back to the lodge before our legs actually gave out. Then we were told we had one more series. Then we were done...me personally I was really done...one more run after that last one and I think I would have had to crawl down. We got ourselves back into the lodge and were having a great time with other patrollers bragging (lying) about how we could have done another fifty runs etc. Then we got a really unexpected good surprise when we learned that three in our lesson group had met the alpine certification requirement.

Our patrol, thanks to the clinic, now has two additional alpine patrollers, one alpine patroller well on his way to receiving instructor qualification, and two OEC candidates that got an excellent exposure to what was needed and what to work on.

Three different levels of ability- one unanimous conclusion- WOW! It was a great day!

All of us went away with a greater skill level than we started out with and two of our Camp 10 patrollers ended up receiving certification that day. The instructors were great in covering all aspects of ski-ability and toboggan handling – something that would have been next to impossible for us to do at our own hill. The North Central Instructor team did a fantastic job and the annual event is a wonderful asset to small patrols like ours as well as providing great reviews for instructors and alpine patrollers from the larger patrols.

The Camp 10 Patrol will now be incorporating the NC Toboggan event as part of our new candidate training program. We'll also be encouraging all of our patrollers to utilize the annual event as a skill builder and fun day.

We certainly recommend any patroller or patrol that hasn't discovered how great a job our NC instructor team does should try it. Thanks team: super job!

Senior States by Don Close, Region Senior Ski and Toboggan Administrator

2007-08 Season a Success for Seniors at Marquette Event



Don Close
Senior S&T Administrator

The Senior program started out with sixteen candidates from five areas within the Region and included two from outside our Region. There were eight that attended Senior Emergency Management (SEM) with six being successful. Five attended Ski and Toboggan (S&T) with all five being successful.

Thanks to Greg Kerwin and Tom Hynes for their work with the SEM. Thanks to Marquette Mountain and patrol for hosting us this year. Tom Anderson and John Keating led the

S&T evaluation and deserve a big thanks for their help with



that process.

The following candidates have completed all their Senior re-

quirements: Nicole Bell, Matt McKellar and Dale Thomas.

Hank Herlick and Chris Moe were again present for Division QA. We continue to follow the Senior manual very closely. Division is placing a lot of emphasis on having evaluators with PSIA credentials for the skiing portion of the evaluation so we will need to grow our number of PSIA instructors in the Region.

For next season we are due to return to Granite Peak for the evaluations.

Are You Ready from page 5

The AED announces "Shock advised – charging". You and your fellow patroller reposition to clear the patient. Someone presses the button – "Shock Delivered."

The patient is rather large and it seems to take forever to get the straps in positioned. (the clock continues to tick). Your arms are sore from chest compressions and someone finally gives you a break.

Patrollers struggle to maneuver the patient to the toboggan and get the patient loaded. You jump in the toboggan straddling the patient and take over chest compressions. Another patroller is at the patient's head for ventilations. Head and tail patrollers are ready and down the slope you go. Your knees feel every bump and perspiration is soaking the inside of your jacket. One minute later you meet the ambulance crew at

the bottom. They take the patient while asking you what happened, patient age, name, medical history. Having none, you tell them he was found PNB and one shock was delivered on the hill.

All this took less the 15 minutes. You are soaked with sweat, your arms ache, your knees are bruised and you still taste vomit from those first mouth-to mouth ventilations (yuck). And you thought this was going to be just another night on the slopes.

ARE YOU READY? This scenario actually did happen six nights in a row at our hill. Fortunately, the patient was "Rescue Randy" and we learned that indeed, we are ready.

As with any practice, we critiqued our actions and a summary of the lessons we learned are:

1. Time is critical: To minimize time and effectively use resources, designate an incident leader who is not doing CPR. This person needs to continuously look at what needs to be done and direct activities.

2. Cardiac trumps trauma: We need to control C-spine, but time is the critical element. Control arterial bleeding, but otherwise load and go!

3. Load patient head uphill: This allows for maximum chest expansion for the patient and permits the person doing chest compression to be pushing into the hill.

4. Load patient to the rear: Allow just enough room for a person to be at the head of the patient for ventilations. Loading the patient forward requires the person in the handlebars to continuously lift the toboggan.

5. Carry a pocket mask: Some form of shield or pocket mask provides for good ventilations and protects the patroller.

6. Listen to the AED: Continue chest compressions until the AED announces "Stand Clear". Deliver one shock then immediately go back to chest compressions for 2 minutes before a pulse check.

7. It takes many hands: A minimum of 5 patrollers and 6 or 7 would be nice. If you hear of a PNB, try to get to the scene ASAP. Your assistance will most likely be needed.

Thanks to all that helped make this training a meaningful practice.

North Central Region 2007 – 2008 Patrol Representatives

Patrol	Name	Address	City	St.	Zip	Home	E-mail
Section I							
Big Powderhorn	Earl F. Halverson	E 6395 Snowball Ct.	Bessemer	M	49911	906-932-0110	
Blackjack	Laura Olson-Davig	S5521 US Hwy 14	Viroqua	WI	54665	608-637-8802	mtrock@frontiernet.net
Indianhead	Walt Hess	618 Greenbush	Ironwood	M	49938	906-932-4670	threetrack@chartermi.net
Mt. Ashwabay	Jeffery Skoraczewski	325 Hillside	Washburn	WI	54981	715-373-2912	rokski@charter.net
Porcupine Mt.	Jerry Linn	PO Box 312	White Pine	M	49971	906-855-5139	bjlinn@jamadots.com
Section II							
Copper Country Nord	Barbara Wheeler	21304 Lahti Rd.	Houghton	M	49931	906-487-9695	bawheelerski@msn.com
Marquette Mountain	Jim Grundstrom	1650 Grandview Dr	Marquette	M	49855	906-228-7194	jimgrundstrom@freichevy.com
Mont Ripley	Don Close	49345 US Hwy 41	Hancock	M	49930	906-369-4587	don@mtu.edu
Mount Bohemia	Patty Asselin	176 Pine Street	Eagle Harbor	M	49950	906-289-4956	paass@mtu.edu
Ski Brule	Joe Matuszak	4241 Robin Lane	Green Bay	WI	54313	920-865-7608	jmtooz@aol.com
Superior Nordic	Nancy Imm	45420 Cottage Row	Chassell	M	49916	906-482-3833	nanimm@aol.com
Section III							
Gladstone Sports Pk	Donald Poe	9508 Bay Shore Dr	Gladstone	M	49837	906-428-2195	poebone@chartermi.net
Navarino Hills	Mel Johnson	2325 Wintergreen	Appleton	WI	54914	920-734-2932	mjohnson@bemis.com
Norway Mountain	Harry Lauritsen	17783 E Wheeler Lk	Lakewood	WI	54138	715-276-7077	hllauritsen@ez-net.com
Pine Mountain	Russ Reynolds	1511 Sleepy Hollow	Green Bay	WI	54311	920-465-0283	rreynolds@new.rr.com
Section IV							
Bruce Mound	Scott Loveland	212 Lower Lake Dr	Merrillan	WI	54754	715-333-2204	scottkloveland@yahoo.com
Granite Peak	Darin Westover	8401 Azaela Road	Wausau	WI	54401	715-359-9079	Westoverd@juno.com
Minocqua Winter Pk	Betty Adams	12146 Plummer Ln	Lac du Flambeau	WI	54538	715-588-7731	mbadams@newnorth.net
Nine Mile Forest	Steven Konkel	1434 N. 13th Ave	Wausau	WI	54401	715-675-9263	steven.konkel@gte.net
Standing Rocks	Conrad Favor	703 Greenbriar Ave	Stevens Point	WI	54481	715-344-7271	cfavor@sbcglobal.net
Camp 10	Gren Rudd	19165 North Hills Dr	Brookfield	WI	53045	262-782-0857	vkbn36a@aol.com

North Central Region 2007 – 2008 Officers and Advisors

Position	Name	Address	City	St.	Zip	Home	E-mail
Region Director	David Dahl	T16006 Cty Hwy W	Merrill	WI	54452	715-536-4705	dcddski@dwave.net
ARD Line	Tom M. Gilbreath	5704 Babl Lane	Schofield	WI	54476	715-359-2330	tmgilbre@gmail.com
ARD Off Hill Train	Carolyn DeJongh	PO Box 1575	Rhineland	WI	54501	715-369-1563	CDeJong@shsmh.org
ARD Alpine Train	Jim Grundstrom	1650 Grandview Dr	Marquette	M	49855	906-228-7194	jimgrundstrom@freichevy.com
Region Treasurer	Sarah Hull	9713 Townline Rd	Wausau	WI	54403	715-848-2571	hulls@ministryhealth.org
Section Chief I	Jim Meunier	N11561 Skyway Rd	Ironwood	M	49938	906-932-4116	meunier@centurytel.net
Section Chief II	Erick Jensen	825 S Summit St	Appleton	WI	54914	920-730-2952	jensen@athenet.net
Section Chief III	Donald Poe	9508 Bay Shore Dr	Gladstone	M	49837	906-428-2195	poebone@chartermi.net
Section Chief IV	Keith Robinson	6215 Cnty Rd F	Wisconsin Rapids	WI	54495	715-569-3831	kbrobins@tds.net
Region Skiing Admn	Don Close	49345 US Hwy 41	Hancock	M	49930	906-369-4587	don@mtu.edu
Region Avalanche Aopen							
Region Mntring Adm open							
Region Awards Adm	Marcia Locher	1497 Sunny Crest Dr	Stevens Point	WI	54481	715-341-8943	rlocher@charter.net
Region Senior S&TA	Don Close	49345 US Hwy 41	Hancock	M	49930	906-369-4587	don@mtu.edu
Region Certified Ad	Greg Kerwin	1301 Albion	Marquette	M	49855	906-226-2431	gkerwin@juno.com
Region Medical Adm	Kent Jason Lowry	MD 444 E Timber Drive	Rhineland	WI	54501	715-499-2175	klortho@newnorth.net
Region Alumni Adm	Dan Bowen	3407 Polzer Drive	Wausau	WI	54401	715-845-5182	dbowen@dwave.net
Editor Powder Lines	Tim Zimmerman	N3275 Stillwater Dr	Medford	WI	54451	715-748-6552	tzimmerman@mitchellmetals.com
Region Web Master	Mark Gilliland	3351 Derby Court	Plover	WI	54467	715-295-0576	mgilliland@charter.net
Region Elections Co	Carolyn DeJongh	309 Wilson Street	Rhineland	WI	54501	715-369-1563	cdej@charter.net
Region Legal Admin	Steve Atkinson	N13927 Newberg R	Channing	M	49815	906-542-6801	satkinson@uplogon.com
Region Nordic Admin	Betty Adams	12146 Plummer Ln	Lac du Flambeau	WI	54538	715-588-7731	mbadams@newnorth.net
Region OEC Admin	Tom Hynes	2705 Quail Drive	Wausau	WI	54451	715-848-4164	tom@northwaycom.com
Region Instrtr Dev Ad	Tom Hynes	2705 Quail Drive	Wausau	WI	54451	715-848-4164	tom@northwaycom.com
Region PSIA Admin	Bob Meyers	2517 Norwood St	Marquette	M	49855	906-226-8578	rjmeyers@upppo.com
Region Toboggan Ad	Steve Beil	PO Box 396	Woodruff	WI	54468	715-588-3633	sbeil@wildblue.net
Reg Snowboard Ad	Randy Tufts	3225 Hill Ridge Dr	Eagan	MN	55121	651-330-1052	randytufts@yahoo.com

2008-09 CALENDAR OF EVENTS

North Central Region

In all cases call ahead to confirm dates, times and events

AWARDS

Feb 15 Awards Nomination Deadline for Outstandings, Appointments, and Stars, Marcia Locher
28 Awards Meeting, Granite Peak,

Jun 1 Zimmerman
Powder Lines Deadline, Tim Zimmerman

28 Lakeland Loppet, Minocqua Winter Park, Betty Adams
Mar 8 Great Bear Chase, Calument, Barb Wheeler

SENIOR

Dec 1 Senior Application Deadline Don Close
Jan 17 Senior Mandatory Pre-Qualifying Clinic, Brule, Jim Grundstrom
18 Senior Mandatory SEM Clinic, Brule, Greg Kerwin
Feb 20 SEM Eval Calibration, Granite Peak, Greg Kerwin
21 SEM Evaluation, Granite Peak, Greg Kerwin
22 Senior S&T Evaluation, Granite Peak, Don Close

CERTIFIED

Feb 20 Certified Clinic, Chestnut, IL
26-28 Certified Evaluation Boyne Highlands
Mar TBA Certified Eval, Lutsen, Greg Kerwin

MEETINGS

Sep 5-7 Central Division Meeting, Milwaukee
Oct 11 Region Board Meeting, Ski Brule

REFRESHERS

Aug 23 Big Powderhorn OEC Refresher & Chair Evac
Sep 6 Blackjack
13 Ski Brule, OEC and Chair Evac, Joe Matuszak
13 Indianhead
29-30 Marquette Mnt., CRP Recert Jim Grundstrom
Oct 1 Marquette Mnt., CRP Recert Jim Grundstrom
4 Marquette Mnt., OEC Jim Grundstrom
4 Section 4 OEC, UW-SP, Keith Robinson
5 Granite Peak, Chair Evac, Darin Westover
18 Norway Mnt, OEC
18 Mont Ripley/Mnt Bohemia, OEC Don Close/Patti Asselin
19 Mont Ripley/Mnt Bohemia, CPR Don Close/Patti Asselin
Nov 2 Make Up OEC Refresher, Minocqua Winter Park, Betty Adams
Jan 10-11 Sect. 4 On Hill Refresher, Darin Westover

MTR

Nov 1-2 Basic MTR, Mont Ripley, Randy Tufts
Feb 28-Mar 1 Advanced MTR, near Porkies, Randy Tufts

DEADLINES

Aug 8 Patrol financial reports due to Section Chiefs, Sarah Hull
11 Patrol & Section financial reports due from Section Chiefs to Region Treasurer
29 Consolidation of Section financial Reports into Region report Sarah
Sep 15 Powder Lines Deadline, Tim Zimmerman
Jan 15 Powder Lines Deadline, Tim

NORDIC

Jan 10-11 Division Nordic SES, MWP, Betty Adams
12 Division Telemark Clinic, Indianhead, Betty Adams
24 Noquemamon Nordic Event, Nancy Imm, Jim Grundstrom
Feb 21 American Birkiebeiner, Barb Wheeler

TESTING / TRAINING

Nov 22-23 SES, Brule, Joe Matuszak
Dec 20-21 Division STW, Granite Peak
Jan 10-11 Division Women's Clinic, Perfect North Slopes
Jan 17 S&T 'Best Training Event Ever' Clinic, Brule, Jim Grundstrom

OTHER EVENTS

Nov 1 Marquette Race Team Ski Swap, Jim Grundstrom
Dec 13 Ski Brule Ski Patrol Ski Swap, Joe Matuszak

Address Changes Should be Made at www.nsp.org

September 5 - 7, 2008 Milwaukee, WI



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More Information and Registration Available On Line at www.nspcentral.org